

The Trump administration's immigration crackdown is not only separating families and creating fear, but it's also creating a mental health crisis in immigrant communities across the country.

Data from Zocalo Health, a primary care organization for Latino families in California and Maryland, shows **increases in anxiety, depression, and suicidal thoughts among immigrant patients** as immigration raids and enforcement actions intensify. **Nearly 1 in 8 individuals have said they've struggled with suicidal thoughts**, which is more than double the rate seen in the general population.



Children who've experienced a parent's deportation are **more than twice as likely to develop PTSD, and experience depression, sleep disturbances, and behavioral changes from ICE enforcement.** "If you're a mixed

documentation family, most children are very aware of that and live in that fear of what can happen to their parents," says Hoet, a pediatric psychologist at Nationwide Children's Hospital.

Families are living in a constant fear of deportation and separation from loved ones. Parents are afraid to leave their homes and entire communities are being forced to live under chronic stress and uncertainty. **No child should wonder if their parents will come home or live in fear simply for trying to seek safety and opportunity.**

Join Immigrants' List in the fight at our Immigrants' List Annual Luncheon on Friday, June 19, from 12:00–2:30 p.m. PST in San Diego, California. Get your tickets here!

MASS DEPORTATION REQUIRES MASS DEMONSTRATIONS